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Personal, Social, Health Education and Citizenship

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1.0 Rationale

At Berkeley Primary School we believe that Personal, Social, Health Education & Citizenship (PSHE & C) takes place through academic and pastoral arrangements and within the whole school environment. Personal, social and health education (PSHE) is concerned with the emotional health, well being and welfare of the pupils in our school. PSHE enables our pupils to become effective learners and supports them as they move from childhood to adolescence. It helps children to become emotionally literate, independent young people and effective citizens.

2.0 Aims

- 2.1 To develop confidence, responsibility and to make the most of their abilities.
- 2.2 To prepare children to play an active role as citizens.
- 2.3 To develop good relationships and promote respect for the differences between people.
- 2.4 To develop a healthier, safer lifestyle.

3.0 Entitlement

- 3.1 At Berkeley Primary School, PSHE & C is integrated into school in many different ways - in whole school S.E.A.L and Value assemblies , Circle Time, Jigsaw lessons, planned P.S.H.E lessons, creative curriculum topic lessons which have cross curricular PSHE links and incidental questions/ current affair discussions in any area of the curriculum. A guide for PSHE across the whole school is in place and shows what and when each area of the Personal, Social and Health Education curriculum is covered, including Sex and Relationships Education and Drug Safety. At Berkeley it is encourage that PSHE & C is delivered through other relevant subjects, when appropriate, and during whole school focus weeks. PSHE is timetabled for all year groups for 1 hour a week.

4.0 Teaching Strategies – Health Education

- 4.1 Since Health Education deals with a whole range of human experiences, it is essentially cross-curricular. In planning, the content of Health Education at Berkeley Primary School we ensure that we are teaching children to understand what makes a healthier life style. Teachers can choose to use the Gloucestershire Scheme of Work, Cambridge Scheme of Work or plan and deliver their own lessons either in separate PSHE lessons or embedded within other subjects as appropriate. Teachers have the 'Essentials' provided by Chris Quigley and the new guidance for PSHE published in September 2013 to ensure that they are delivering the coverage required. Berkeley has been awarded National Healthy Schools Status for PHSE, Drugs Education and Citizenship. This is a
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National Standard which is used to assess the health of the whole child and the whole school within the context of the wider community.

- 4.3 School policies on Health and Safety, Sex Education and Bullying are referred to when dealing with these particular issues.
- 4.4 Drug awareness is promoted throughout the school. We follow the Gloucestershire Scheme of Work for drug awareness in primary schools. At Key Stage 1 pupils are taught about the role of drugs as medicines. At Key Stage 2 pupils learn that tobacco, alcohol and other drugs can have harmful effects.
- 4.5 In promoting Health Education, Berkeley Primary School recognises that it cannot work in isolation. Consultation between governors, staff, parents and other outside health and safety professions is necessary to ensure a better understanding of the many issues involved and how the responsibilities of promoting awareness and understanding ought to be shared. This will ensure that pupils receive a balanced Health Education programme.

5.0 Teaching Strategies – Personal, Social Education & Citizenship

- 5.1 Berkeley Primary School's agreed aims for Personal, Social Education & Citizenship are evident in many of our policy statements (for example, Marking, Collective Worship and Behaviour). They are evident in the pastoral support given by each class teacher to his/her pupils and they are visited regularly as themes for assemblies.
- 5.2 All staff at Berkeley Primary School are aware that Personal, Social Education & Citizenship is an on-going area and affects all aspects of pupil's time in school. Whenever possible learning opportunities are tailored to incorporate PSHE & C learning objectives and these are referenced to in teacher's planning. School Council meetings and Circle Times are examples of this.

6.0 Attitudes

- 6.1 A positive, sensitive and enthusiastic attitude towards PSHE & C will be encouraged. This will develop children's awareness of their own and other people's lifestyles and encourage positive life choices to be made.
 - 6.2 We feel we are a health promoting school which supports its Health Education programme through its ethos and in all aspects of life.
 - 6.3 The school will use several outside agencies to contribute to the PSHE programme e.g. School Nurse, Fire-fighters and Police Officers. Preparation and planning of such visits will be carefully undertaken in order to maximise the benefits of the visit. Visitors will be made aware of the School's PSHE policy and expectations with regard to confidentiality.
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Visitors will not take sole responsibility for classes and class teachers will always be present.

- 6.4 Class Teachers and Teaching Assistants conduct PSHE lessons in a sensitive manner and in confidence. Children's questions will be answered as honestly and fully as appropriate. However, if a child makes reference to anything which gives cause for concern (e.g. sexual abuse, illegal substance use) then clearly such matters cannot remain confidential. Staff will report such incidents to the Headteacher who will decide whether the matter should be dealt with as a child protection issue. (See Child Protection Policy). Children will be made aware of our confidentiality policy, through the production of 'circle time' rules. Staff will also refer to parents, questions, which arise that are outside the schemes of work.

7.0 Special Needs

- 7.1 PSHE & C is a subject relevant to children of all levels of ability.
- 7.2 The particular difficulties of any children with SEN will be considered in the planning process.
- 7.3 PSHE & C topics themselves are not necessarily ability related. Children's awareness and understanding will be extended through continued promotion of positive ideas and attitudes towards healthy lifestyles.

8.0 Resources

- 8.1 Each class has their own scheme of work (Jigsaw) with relevant resources.
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9.0 Health and Safety

9.1 PSHE & C will follow guidelines set out in the Health and Safety Policy.

10.0 Assessment

10.1 PSHE & C objectives will be evident in each year group's weekly timetables. The Learning Journey will detail the activity teachers chose to meet the objective and where to find any evidence. This will also detail any links to The Values, any cross curricular links and use of the outdoor areas. Teachers will collect evidence of children's progress in the form of photos, written work and self assessment sheets, which will be displayed in a class PSHE big books, Topic Books and on Class Blogs on the school website. Achievements will be recorded electronically on Insight in the class mark book and by highlighting Chris Quigley milestones which will be passed onto the next teacher at the end of every academic year. Some classes may wish to use RE and PSHE individual books to record any written work, if they wish. A written record of the personal development of each pupil will form an important part of the pupils' annual report to parents issued also at the end of each academic year.

11.0 Staff Development

11.1 Staff development opportunities are considered in line with our Staff Development Policy.

12.0 Review

12.1 This Policy will be evaluated in line with our Curriculum Development Plan in Autumn 2021. Any amendments will be presented to the governors for discussion at their next meeting following the review.
