



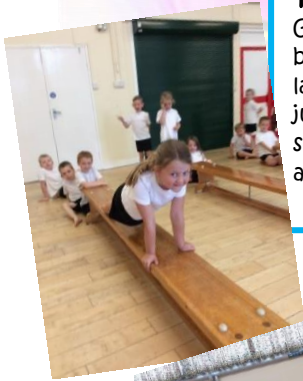
*"If Children are happy,
they will achieve!"*



PE SUBJECT SNAPSHOT

Year 1

Gymnastics - Balances including partner balances, shapes (recap shapes from last year, front and back support), jumps include tuck and star, and simple sequences. Multiskills – co-ordination, agility, throwing and catching



Reception

Getting changed. Gymnastics – Balances, shapes (pike, star, straddle, straight, tuck), jumps and simple sequences. Multiskills – Different ways of moving, fine and gross motor skills. Yoga – Following instructions, balances, health and self-care.



Year 2

Swimming – Water safety and confidence. Multiskills – Throwing, catching with various equipment.



Year 3

Swimming - range of strokes. Gymnastics – Balances, shapes (recap previous shapes, front and back support, shoulder hold, arch, dish, crab), partner balances, sequences, Multiskills – Co-ordination and Agility.



Year 5

Swimming - range of strokes. Games – tactics, teamwork, changing direction. Dance – Haka! Created own version.



Year 4

Swimming - range of strokes. Games – Team games, Megaball, Archery, Football, Golf with Sportsplus. Gymnastics – Balance and shapes.



Year 6

Swimming – range of strokes. with Superstars Health and Nutrition and Archery with Superstars.

Active Challenge

Children from the winning House Fitzhardinge (Reception to Year 6) enjoyed the Challenge of Climbing a very tall wall! They really learnt perseverance, strength and resilience as they kept going to overcome their fears.

