



*"If Children are happy,  
they will achieve!"*

# SUBJECT SNAPSHOT



## PSHE



### Reception

Reception have been learning about Dreams and Goals. We have thought about what we are good at and what we would like to get better at and how we might do this. We also thought about the jobs we would like to do when we are grown-ups. This has helped us describe ourselves in positive terms and think about what makes us special.



### Year 1

We have been exploring our dreams and goals and thinking about what our goals are and what we need to do to achieve them.

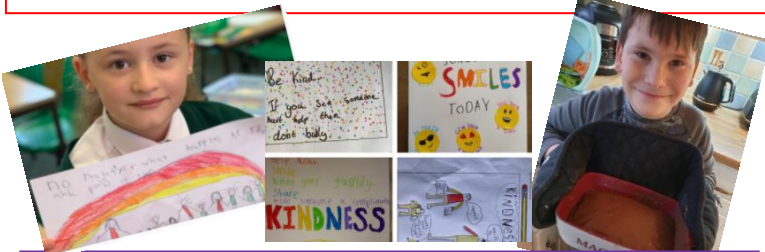
### Year 2

We learnt about goals and how to persevere to achieve them. We also completed lots of wellbeing tasks and here are Lilly-Rose and Austin dancing to the song that makes them most happy.



### Year 3

We had to look at a series of pictures and think about the challenges they would be facing. We could write these ideas down or discuss them with a family member. We then had to think about all the challenges we are facing right now and discuss possible strategies to help us cope.



### Year 4

Year 4 have been exploring kindness and sharing. We looked at way we can show kindness and create awareness. We have painted pebbles with positive messages on to share.

### Year 5

Every day Year 5 have been completing some well-being tasks, some are more arts based, community based or recognising our emotions and using strategies. In our Jigsaw lessons we have been establishing our dreams and goals, learning how to stretch realistic goals and empathise with others. Some children created PPTs about their future careers they were aiming for – zoo keepers and astronauts.



### Year 6

Every day Year 6 have been completing some well-being tasks, some are more arts based, community based or recognising our emotions and using strategies. In our Jigsaw lessons we have been establishing our dreams and goals, learning how to stretch realistic goals and empathise.